

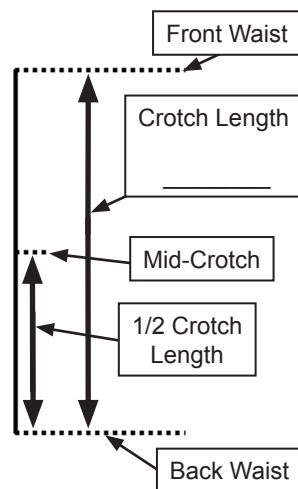
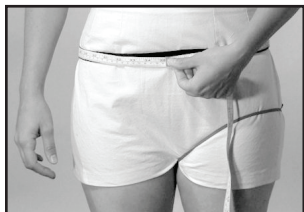
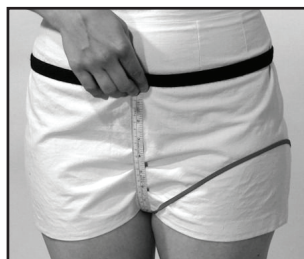
Creating the Fitted Brief Pattern

I. Create the Fitted Briefs's Shape

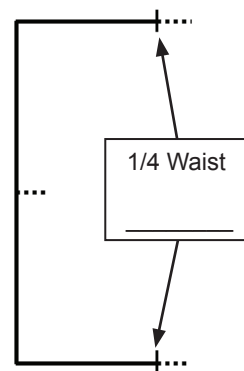


1. Place a strip of Velcro around the body where you want the top of the briefs to be located.
2. Use a length of bias tape to establish the shape of the leg opening.

II. Measure and Draft the Fitted Briefs

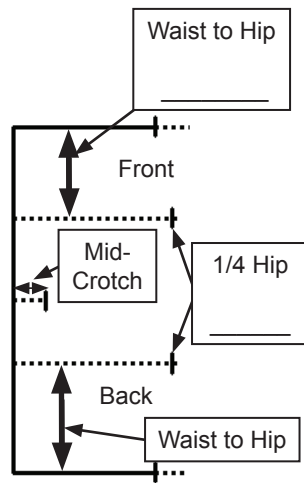


1. Measure the crotch length from the Velcro at Center Front to the Velcro at Center Back.
2. Draw a vertical line that is the Crotch Length. This will be the center line.
3. Draw horizontal lines at the top and bottom of the center line for the Front and Back Waist lines.
4. Draw another horizontal line half way between the Front and Back Waist lines. This is the Mid-Crotch line.



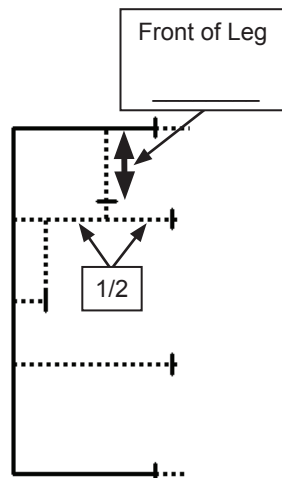
5. Measure the distance around the body at the Velcro. This is the Waist measurement.
6. On the Front and Back Waist lines, mark 1/4 of the Waist measurement.

II. Measure and Draft the Fitted Briefs, cont'd

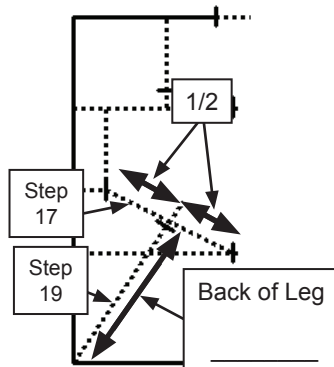


1. For the Hip measurement, measure around the fullest part of the hips.
2. Measure the distance from the Hip Measurement to the Velcro for the waist. This is the Waist to Hip measurement.
3. Use the Waist to Hip measurement to draw horizontal lines for the hip.
4. On the Hip lines, mark 1/4 of the Hip measurement.
5. Use the chart below to mark the length of the Mid-Crotch line.

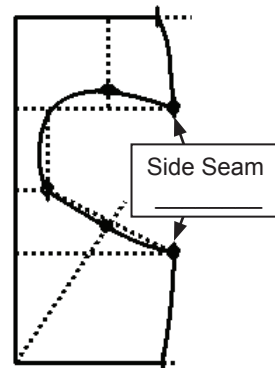
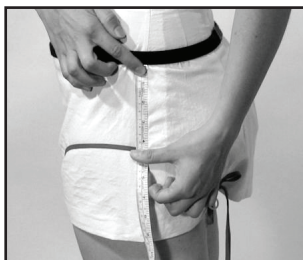
Hips	Mid-Crotch
Up to 37" (96 cm)	2" (5 cm)
38" to 41" (96 to 104 cm)	2-1/4" (5.7 cm)
Over 41" (104 cm)	2-1/2" (6.4 cm)



6. Measure from the Velcro to the leg bias tape down the front of the leg. This is the Front of Leg length.
7. Draw a line from the end of the Mid-Crotch line up to the Front Hip line.
8. Divide the distance between this line and the side of the Hip line in half, then draw a vertical line. This is the Front of the leg.
9. From the Front Waist line measure down the Front of Leg length and make a mark.



10. Measure the distance from Center Back at the Velcro diagonally to the leg bias tape. This is the Back of Leg length.
11. Draw a diagonal line from the Mid-Crotch line to the end of the Back Hip line.
12. Divide this diagonal line in half and make a mark.
13. Draw a second diagonal line from the Back Waist line through the mark made in Step 12.
14. Mark the Back of Leg length on this second diagonal line.
15. Measure the distance from the Velcro down the side of the body. This is the Side Seam length.



16. Draw dotted lines from the end of the waist to the end of the hip lines, then mark the Side Seam length.
17. Draw the Side Seam.
18. From the Side Seams, draw in the shape of the leg curve.