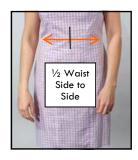
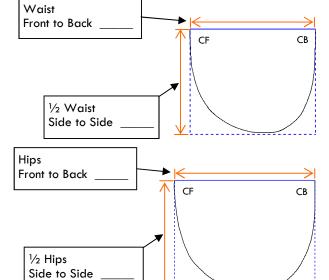
## Cross Sections and Posture by Don McCunn

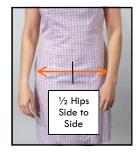
Use the charts below to establish the front to back and 1/2 the side to side measurements to create the Waist and Hip cross sections. Be sure to mark the Center Front, CF, and Center Back, CB, on the cross section patterns.

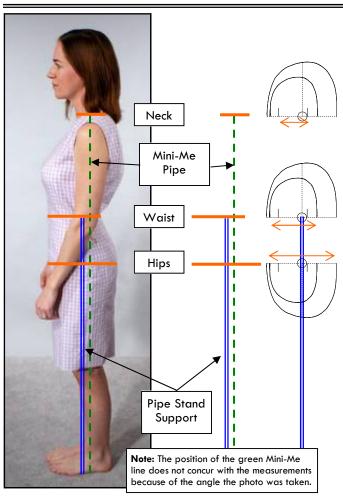












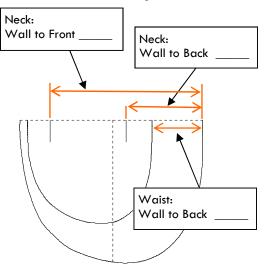
Prepared for the online patternmaking classes for "How to Make a Body Double."

## **Posture Cross Section**

The posture cross section establishes the location of the waist cross section relative to the hip cross section. Notice from the side of the body how the spine curves from the shoulders into the waist and back out to the hips. The slopers reflect this in the Lower Back Dart and the Hip Dart. The pipe stand for the Torso Form should be centered in the Hip cross section for optimum stability.

Take the measurements by backing the hips up against a wall.

The location of the neck is useful for creating a fabric Mini-Me. This establishes where central pipe "spine" should be located, the green dotted line.



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